



THURSDAY, SEPTEMBER 28	
7:30 – 9:00 AM	Registration and Networking Breakfast (Exhibitor’s Hall OPEN)
9:00 – 11:40 AM	Warm Welcome and opening comments
	Centering with Youth Voice SPEAKERS: Disco Duck Bots FIRST Team
	Conference Keynote SPEAKER: Louis Fountain, Director of Elem. Community Schools DMPS
	Centering Youth Voice, Expert Panel moderated by Gabriela La Rota SPEAKERS: Dr. Kimberly Wayne - Jewels Academy Jessica Schellhorn - Blank Park Zoo Kamryn Ryan - Volunteer Iowa Brianna Deason - Iowa Department of Health and Human Services
	Introducing the IAA State of Afterschool Research Report SPEAKERS: Heidi Brown - Director IAA Dr. Julie Yankey - Director of Research and Strategy
	Greeting from Vic Jaras, Iowa Department of Education
11:40 – 12:40 PM	Networking Lunch (Exhibitor’s Hall OPEN) Presentation from Out of School Time Community Pathways grantees
12:50 – 2:20 PM	Session Block One
	21st Century Community Learning Centers Technical Assistance for 2023-2024 Request for Proposals Bennigan’s Room SPEAKERS: Vic Jaras - Iowa Department of Education

Interested in submitting an application for the 21st Century Community Learning Centers grant? Attend this informative TA session with the Iowa DOE 21CCLC consultant Vic Jaras to get all your RFA questions answered!

Breaking Stereotypes and Inspiring STEM Learning through Children's Books

Wisconsin Room

SPEAKERS:

Brenda Britsch – National Girls Collaborative

Kata Lucas – National Girls Collaborative

Session Description: Research shows that children benefit greatly from seeing themselves represented in the stories they read. Children's books have the power to counter stereotypes, challenge norms, and open minds to new perspectives and ideas. But it can be challenging for educators to find quality children's books that are diverse and representative, especially when it comes to STEM (science, technology, engineering, and mathematics). Join the National Girls Collaborative Project for this interactive workshop on using STEM-themed picture books to provide elementary school children with an inspiring introduction to STEM concepts and careers, with a focus on after-school settings. Participants will leave this workshop with a variety of resources including STEM picture book lists, links to freely accessible STEM e-books in English and Spanish, and free lesson plans and other curricular resources that can be implemented in a variety of setting.

Discover What 4-H Can Do For You!

Missouri Room

SPEAKERS:

Nicole Hanson – ISU Extension and Outreach – 4-H Youth Development

Session Description: Iowa 4-H is the premiere youth development program of Iowa State University Extension and Outreach. Did you know we offer an extensive catalog of research-based educational opportunities designed to help you run a quality program? This session will showcase innovative K-5 resources covering a variety of topics including literacy, STEM, arts, robotics, and cooking. Participants will receive sample lessons, learn how to develop their own high-quality learning experiences using our unique framework, and discover opportunities available through partnerships with local 4-H Youth Development professionals.

USDA Afterschool and Summer Meal Programs

Illinois Room

SPEAKERS:

Stephanie Dross – Iowa Department of Education

Cheryl Tolley – Iowa Department of Education

Session Description: Child nutrition programs are effective in alleviating food insecurity, supporting good nutrition and improving health and learning. These programs align well with other child serving programs and activities to further enhance program operation and effectiveness. This session will provide an overview of the child nutrition programs that are available to afterschool and summer program operators and will highlight eligibility requirements of each program, organization

	<p>responsibilities, meal patterns, reimbursement and how to apply to participate.</p> <p>Creating a F.I.R.S.T. team in your school district! Across Iowa Nebraska Room SPEAKERS: Dave Welter – Former School Administrator & Current Community Volunteer Binu Abraham – Disco DuckBots Coach Abby Boysen – ISU Extension and Outreach – 4-H Youth Development</p> <p>Session Description: FIRST Across Iowa is an initiative to create a FIRST team in all 99 counties of Iowa to create an accessible STEM platform for every student in Iowa. By leading this initiative, we are attempting to provide all students in Iowa with the skills to succeed in the 21st century. With over 200+ teams already in Iowa, we have a solid network in place to support you in creating a FIRST team in your school district. This presentation will outline the benefits of joining FIRST, what resources are available to help create a team, funding resources available to help support a team, who can be coaches, along with a number of additional resources available to help support a FIRST programming.</p>
<p>2:30 – 2:40 PM</p> <p>2:40 – 4:00 PM</p>	<p>Visit Exhibitors</p> <p>Session Block Two</p> <p>Inquiry: The Power of Using Questions to Support Student Learning Bennigan’s Room SPEAKERS: Jolie Pelds – Science Center of Iowa</p> <p>Session Description: Curiosity and wonder are the driving force in authentic learning. Join the Science Center of Iowa to learn more about using questions and prompts that encourage youth to be the drivers of their own learning. Participants will explore questioning strategies that can be used with various curriculums and activities. Learn how to use phenomena and provocations to get youth asking their own questions to begin the learning process.</p> <p>Engaging Students in Iowa Viticulture and Jelly Making Wisconsin Room SPEAKERS: Cathryn Carney – Iowa Agriculture Literacy Foundation</p> <p>Session Description: After school programs provide students the opportunity to explore topics that may not be covered in a classroom setting while gaining skills to help them succeed. In this breakout session participants will engage in a jelly making activity that utilizes STEM concepts and connects to Iowa agriculture. They will learn about the wide variety of grapes grown in Iowa used for making juice as they connect to science. Posed an engineering challenge, participants will engage as students to develop their own jelly recipe and determine the best mathematical combination of juice for the best jelly. When students</p>

are given the opportunity to practice STEM skills, they gain a deeper understanding of potential careers and a sense of belonging within STEM fields. At the end of this session participants will receive the modeled lesson and access to materials to implement jelly making in their own programming.

Program Quality: IAA Quality Standards, IQ4K, and Self-Assessments

Missouri Room

SPEAKERS:

Crystal Hall – Tanager Place

Lindsey Ritter – Childcare Resource & Referral

Dave Welter – Former School Administrator & Current Community Volunteer

Session Description: Members of the Iowa Afterschool Alliance's Quality and Coaching Committee will present on the updated version of the IAA Quality Standards focusing on Diversity, Equity, and Inclusion. The Committee will also provide information about Childcare Resource & Referral's IQ4K assessment, and we'll guide you through how a self-assessment could benefit your site.

More Than Childcare: How afterschool programs build HOPE, resilience, and adult health

Illinois Room

SPEAKERS:

Cassie Gerst – Burlington Community School District

Session Description: Afterschool programs do so much more than offer a safe place for children during out-of-school time hours. The positive childhood experiences and safe, stable, nurturing relationships provided by afterschool programs are associated with lifelong mental and physical health outcomes. This session will explore ways to promote the positive impact that you and your program are making on the youth in your community. We will show how a Southeast Iowa program has utilized the Science of the Positive and the Positive Community Norms (PCN) Frameworks to highlight these impacts sharing their evaluation results. Participants will also learn how to weave HOPE (Health Outcomes of Positive Experiences) into their program promotion, and strategies for increasing resilience in your community. 21CCLC programs create Positive Childhood Experiences (PCEs) which directly impact brain development and can have long term effects on adult health outcomes. Is your program utilizing this knowledge when you share your evaluation results? Is your messaging to your stakeholders and families promoting the attributes of your program or simply using the local evaluation template? This workshop will provide concrete strategies examples to help you improve your program communications and share the true impact of your work.

Best Practices in STEM Equity Grantee Showcase

Nebraska Room

SPEAKERS:

Rebekah Domayer – Iowa Children's Museum

Alex Rice – Willkie House

Monica Post – Boys and Girls Clubs

Session Description: Come and learn about these exciting and innovative programs, doing amazing things to promote equity in STEM across Iowa!

FRIDAY, SEPTEMBER 29

8:00 – 9:00 AM

Networking Coffee/Light Breakfast (Exhibitor's Hall OPEN)

9:00 – 10:30 AM

Conference Keynote

SPEAKER:

Darrell "Coach D" Andrews

10:30 – 12:00 PM

Session Block Three

Coach D for Des Moines Public Schools

Bennigan's Room

CLOSED SESSION

Engaging Math Activities to Support STEM Identity

Missouri Room

SPEAKERS:

Kari Kraus – FHI 360

Session Description: Engagement and a positive STEM identity are the two most important indicators for success and retention in the STEM pipeline. Great content and math skills are also essential for success. During this session participants will use hands-on, minds-on activities to learn research-based, time tested strategies for success in math. Participants will also leave with Standards-based math activities that are fun to do, use culturally familiar materials, and position the student as the math expert. Activities from the Afterschool Math Plus curriculum can be used to level the playing field and engage all children. Participants will leave with curriculum materials, and on-going virtual technical support. This session is sponsored by Million Girls Moonshot.

IDOE Math

Wisconsin Room

SPEAKERS:

April Pforts – Iowa Department of Education

Session Description: In this session, participants will be part of an active conversation about the academic support to help students meet grade level standards in the Iowa Core Mathematics Standards and the Standards of Mathematical Practices in afterschool programs. Participants will further engage in exploring additional resources that provide academic enrichment activities that complement learning from the school day. Resources that support both academics and enrichment will be shared from both a state and national level. Participants will have time to discuss effective mathematical practices and the successes and challenges of previously used resources. Lastly, participants will leave with a rich resource bank of resources as well as a completed action plan to increase mathematics through both the academic and enrichment lens.

<p>12:10 – 1:40 PM</p>	<p>NBA Math Hoops – Creating the Next Math Champion Illinois Room SPEAKERS: Vanessa Moreno – Learn Fresh Session Description: NBA Math Hoops, a program of Learn Fresh, leverages the game of basketball and the NBA/WNBA brands to build fundamental math and social-emotional skills through a physical and digital basketball-themed board game, a curriculum, and a community program experience. Designed for students in grades 4-8, this free program develops students’ algebra readiness prior to entering high school, while strengthening important skills including self-regulation and executive function. The NBA Math Hoops program is implemented in in-school, out-of-school, and home learning environments. Through the training, educators will learn best practices for implementing the NBA Math Hoops game and curriculum, gain free access to the Learn Fresh program management platform and all program materials, and learn about opportunities to extend students’ learning through virtual and in-person community events. Educators will immediately gain access to all materials needed to begin implementing them with students in their programs and classrooms.</p>
	<p>Messaging Afterschool: How to Share Your Afterschool Story Nebraska Room SPEAKERS: Chris Neitzey – Afterschool Alliance Session Description: Your voice is one of the most effective tools in transforming public policy to benefit youth in your community. Join us to dig into the ways that your stories and data can have a transformational impact on policymakers and program resources. This interactive workshop will discuss what works and what doesn’t when communicating about afterschool, how to tailor your message for key audiences, and how to leverage this information and build support for your program. Bring your questions and walk out with the confidence and resources you need to share, advocate, and succeed in building relationships essential to afterschool program growth</p> <p>Networking Lunch (Exhibitor’s Hall OPEN)</p> <p>Awards and Acknowledgments</p> <p>Million Girls Moonshot Flight Crew Member SPEAKERS: Aria Volz</p>
<p>1:45 – 3:15 PM</p>	<p>Session Block Four</p> <p>iAguas! Educated Latinx Wisconsin Room</p>

SPEAKERS:

Gabby Guerra – Al Éxito

Dawn Martinez Oropeza – Al Éxito

Session Description: Latino youth are the largest, and fastest growing Iowa population- a vital part of school systems, workforce, and towns across Iowa. Without Latinos, Iowa would face significant challenges in economic mobility, population stagnation, and workforce shortage. Yet Latinos face significant challenges in communities and schools to achieve their highest potential and fully participate and thrive in Iowa. This workshop will share the Nuestro Iowa data on education and address ways to best serve Latino young scholars. Al Éxito will share knowledge from their programs and research.

Build Connections with Experiential Games

Missouri Room

SPEAKERS:

Julie Cackler – Community Youth Concepts

Jane Jeffries – Community Youth Concepts

Session Description: We all know that connection before content can make a difference to providing positive youth development experiences. This session will provide low to no-prop experiential games that can be taken back to your own afterschool program to build connections and support social-emotional learning that can support any program content goals. Session attendees will be asked to actively participate and reflect on their experiences as a group to improve the takeaways. The facilitator will answer questions and share tips to help support inclusion, social-emotional learning, and group development for students. Areas of impact that will be touched on include: voice and choice, motivation, empathy, communication, self-awareness, health, and brain chemistry.

Sparkling Minds: Diamond Painting for Afterschool

Bennigan's Room

SPEAKERS:

Aileen Hunnell – The Jewel School

Session Description: Step into a world of vibrant creativity! Our presentation explores the joy of diamond painting in after-school programs, where children can cultivate their focus, and have fun while reducing their stress levels. Experience firsthand how this art form gives them creative control, improves their fine motor skills and becomes a sanctuary of imagination. Join us for an inspiring session dedicated to enhancing the after-school experience with boundless creativity and tranquility.

Burnout: Building Resilience

Illinois Room

SPEAKERS:

Michelle Wilson – Southern Iowa Resource Conservation & Development

Session Description: This experiential workshop will provide participants with a toolbox full of mindfulness practices that build resilience for both after-school providers and their students. Understanding the evidence behind these tools and then practicing them in a fun and safe way is a potent combination that can lead to lasting change. Many of the tools can be used with youth of all ages.

The workshop includes a set of mindfulness cards to practice with at work, home, or with students.

Participants will:

- Learn how mindfulness in the workplace can reduce stress, improve resilience, and enhance communication.
- Learn evidence-based mindfulness practices to begin using right away in the workplace + at home.
- Understand how mindfulness can positively impact physical + mental health outcomes.
- Practice trauma-informed mindfulness

Know how to use mindfulness techniques in the afterschool setting to support youth.

Creating Better Afterschool Programs

Nebraska Room

SPEAKERS:

Mikayla Oz - Magic School

Session Description: This session goes over what a good after school program looks like and SURPRISE... it's probably more than you think... Yes, there will be magic, balloons and activities, but more than that, you will leave with tools you can immediately implement!